



14.05.2021

St. Helena's Weekly Newsletter

Dear Families,

It's been a week of firsts!

Our first group of children went out to a cricket event at Skegness Grammar School, our governors met for the first time face to face and our Local Authority Adviser came to school to check how we were all doing for the first time since March 2020. We really are returning to some kind of normality and next week I will be able to nip and see my Mum for a great big hug!

It seems a long time since I sat in her house having Christmas dinner and planning a family holiday; the extended family holiday probably still cannot happen but having a cup of coffee and a sneaky bacon sandwich indoors with my Mum can.

What is it about a hug that makes us feel instantly better?

Scientists tell us a hug lowers blood pressure: our bodies release oxytocin reducing anxiety, helping us to relax and feel more optimistic. I knew there was a reason I like hugs, even at my age!

Year Ones and Twos are being scientists finding out about what plants and trees need to grow and stay alive; Years Five and Six are learning about the heart and digestive system - don't be surprised if they want to come home and recreate the workings of the intestines using a pair of old tights! If you have time, check how much the children can remember - find their knowledge organiser in their bag, homework record or even on our school website and see what they know. Ms Langdale's class are becoming expert "sparkys" - ask them to tell you how Thomas Edison invented the light bulb with some bamboo.

All around school, children are getting excited by their learning - we are so proud of their enthusiasm and curiosity. What a pleasure it is to watch them grow and flourish unlike the tomato plant in Year One's science experiment with its label, written by one of the children, saying "so sorry, we are not going to water you"!

NSPCC Number Day.
Thank you for your support
you raised £93.32 for
NSPCC.

Class Photographs

The prices for the Class Photographs are different to the prices on the cards.

7 x 5 £11.00

10 x 7 £13.00

If ordering online the prices have been changed too.

Please bring your order into school by Monday 24th May.

Thank you.

Year 3, 4, 5 and 6 Relationships and Sex Education.

During the last two weeks of half term (Monday 17th to Friday 28th May) , the children in Year 3/4, Year 4/5 and Year 6 will be exploring Relationships and Sex Education as part of their Science and PSHE learning. All of the content to be delivered is in line with the Science curriculum, and the new 2020/21 PSHE/RSE framework for primary schools.

Over the course of a number of sessions, the children explore:

- Puberty, hygiene and human development.
- Sexual intercourse and human reproduction.
- Love and relationships.

Year 6 Children will consider:

- The differences between sex, gender and sexuality.
- Sex in the media.

If you have any queries about the content of the sessions, please do not hesitate to contact school for more information. The Sex, Relationships and Health Education Policy has been sent to all parents/carers via Parentmail.

Reading Shack

Thank you to the following local business for kindly donating towards the 'Reading Shacks':

Woodthorpe Garden Centre

MamaBare

A big **THANK YOU!**

Sunnyside Garden

Have you seen any trees this week that are covered in pink or white blossom. There are two pretty trees in a garden opposite the school office. My apple and pear trees have lots of pink blossom which hopefully will become apples by the autumn.

Now that the rain has stopped and it is warmer during the day and night I have put some of my little seedlings outside to get used to the weather, and to prepare for being planted in the garden in a couple of weeks. I have several different types of flowers all grown from seeds. This process is called 'hardening off'.

I have already had the french beans and broccoli plants outside for a week, so have planted them in the vegetable patch. I have had to cover them with wire frames and netting, otherwise the pigeons will eat the little plants and all my efforts will have been wasted.



Polite Reminders

If children arrive at school **BEFORE** 8:40am and wish to go into the classroom (Breakfast Club) they will be charged the full amount of £2.20.

Please do not park in the bus area by the side of the school, the buses need to park here to ensure the children enter school safely.

Please do not drop your children off in the car park. Staff are arriving at school and therefore children need to be supervised.

Thank you.



Diary Dates 2021

MAY

25th Sports Personality visiting school
28th End of Term 5

JUNE

7th School open—Term 6
7th-25th Year 1 Phonics screening
17th-18th Year 6 Residential at Rand Farm
21st-25th Assessment Week

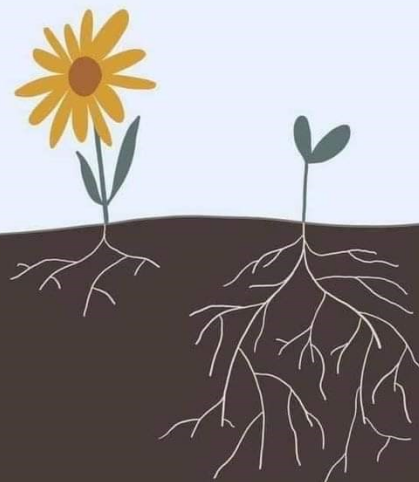
JULY

1st QEGS, Alford Y6 Transition Day
8th Rhubarb Theatre performance to the whole school
12th Bannovallum School Y6 transition day
15th 10am-12pm Teddy Bears' picnic for new Reception children
10:30am-11:30am New Little Explorers' introduction with parents.
5pm New Reception children Parents' meeting
19th 3pm Open Evening—come and collect your child's report.
20th 6pm Year 6 Prom
21st Leavers' Assembly
21st End of term
22nd Staff Training Day

SEPTEMBER

2nd Staff Training Day
3rd Staff Training Day
6th School open—Term 1

EVERYONE'S GROWTH
LOOKS DIFFERENT.



Hot School Meals

Please can you ensure you let the office know if your child is not having the hot school dinner that has been ordered. Unfortunately, payment for these meals will be charged unless notified the day before.

Thank you.

HOLIDAY CLUB

Our Holiday Club is perfect for the football mad child, using both our inside and outside areas to play games and work on technical skills to develop ability.



**Lincoln City
Foundation**

Registered Charity Number: 1128464

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1st - 4th June
8:30 am - 5pm | £17.50 per day



Coin for Respect competition

As proud partner of The Football Association's [Respect programme](#), we are helping to promote mutual respect on and off the pitch.



The first Mutual Respect Coin

At the start of every game of football from grassroots leagues to the professional game, the referee stands beside two opposing teams, flips a coin and by the luck of heads or tails one team gets to kick off the game. It's been done this way for decades and will continue to be done this way for decades too. It's a tradition steeped in history and respect. Respect for the referee, the teams playing and the spectators.

That's why this coin deserves to be special. We want you to help us create the very first Mutual Respect Coin, to start every game with respect.

Respect is defined in the dictionary as a feeling of deep appreciation for someone or something brought on by their abilities, qualities, or achievements and consideration for the feelings, wishes, or rights of others. But what does it mean to you?

The competition

One side of the Mutual Respect Coin will hold the Nationwide Building Society and FA Respect logo. On the other side of the coin we'd like to feature one of **your designs**, showing what mutual respect means to you.

The winning design will be featured on the coin and used across the country.

The winner will also receive their produced coin which can be used at the start of games, and two tickets to an England game at Wembley Stadium connected by EE. Will it be the Lions or Lionesses – it will be totally up to you!

Shortlisted entrants will receive a tour, for themselves and a parent or guardian, of Wembley Stadium connected by EE.

How to enter

This free-to-enter competition is open to children and young people, who are UK residents aged 3 to 17 years old. Enter from 7 April 2021. You will need a parent or guardian to help you submit your entry form if you're under the age of 14.

- [Download our Coin For Respect template](#) (This will open a PDF document which may open in a new window (depending on how your browser is set up))
 - Create your fantastic design around what respect means to you.
 - Submit your entry via email to CoinForRespect@Nationwide.co.uk. Don't forget to attach your design template with all your details set up.
 - Submit your entry by Sunday 20 June 2021.
- [Read the full competition terms and conditions](#)

Eleven designs will be shortlisted and go to a public vote to find the winning design. Will it be yours?